

RETREATS AT BURROWS LEA COUNTRY HOUSE

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WELCOME TO BURROWS LEA COUNTRY HOUSE

Set within 30 acres of private grounds in the Surrey Hills, Burrows Lea Country House offers a calm and restorative setting for retreats, workshops and residential stays.

With over 80 years as a healing sanctuary, the house has long been a place for reflection, rest and renewal. Recently refurbished, it now combines elegant interiors, flexible spaces and far-reaching views, all within easy reach of London and the wider South East.

Available for exclusive use, Burrows Lea gives facilitators the flexibility to design their own programme, supported by a curated network of trusted suppliers.

DESIGN YOUR RETREAT AT BURROWS LEA

Burrows Lea provides the space and flexibility to shape a retreat around your approach and your audience.

Workshops and group sessions

Flexible indoor spaces for teaching, group work and facilitated sessions.

Wellbeing and restorative practices

Yoga, meditation, sound baths, breathwork and reflective activities in a calm and private setting.

Time to pause and reconnect

Quiet spaces throughout the house and grounds for rest, reflection and informal connection.

Outdoor experiences

30 acres of gardens and woodland for walking, nature-based sessions and time away from structured activity, with space for bell tents, stretch tents or marquees where required.

Residential retreats

Extend your programme with on-site accommodation, allowing guests to fully immerse themselves in the experience.

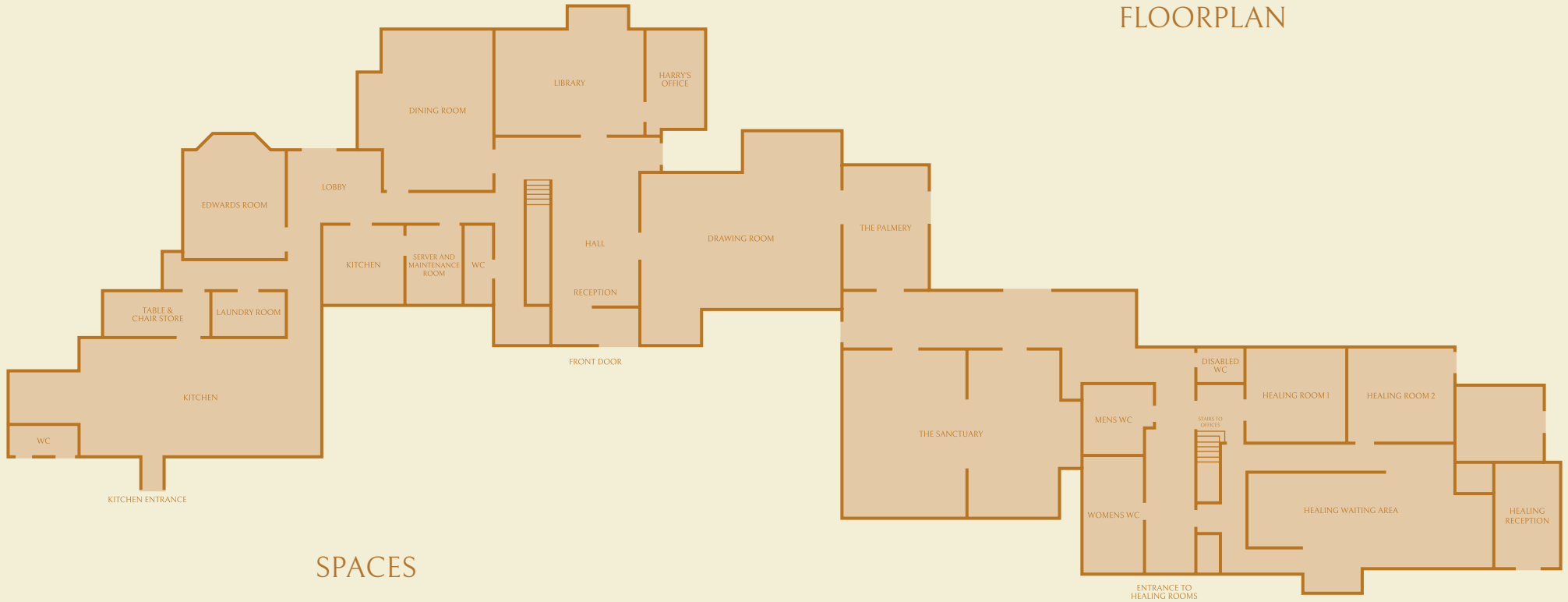


DESIGN YOUR RETREAT AT BURROWS LEA SUPPLIERS & PARTNERS

We work with a curated list of trusted suppliers for key elements such as catering and retreat support services, ensuring a high standard of delivery.

Facilitators are welcome to work with recommended partners or bring their own teams, giving full flexibility to design each retreat.

BURROWS LEA COUNTRY HOUSE FLOORPLAN



SPACES

A range of indoor rooms and outdoor areas allows you to structure your retreat across different settings.

Indoor spaces support group sessions, workshops and quiet reflection.

The grounds provide space for outdoor practice, walking and time in nature.



THE SANCTUARY

A calm and dedicated space suited to meditation, yoga, healing and reflective practices.

DINING ROOM

A bright and comfortable space for shared meals and informal gatherings.



DRAWING ROOM

A relaxed and adaptable space for workshops, group discussions or evening sessions, with a central fireplace adding warmth and character.



BRAISIER ROOM

A warm and informal room ideal for smaller group work, breakout sessions or quiet time.



EDWARDS ROOM

A private and characterful space suitable for one-to-one work or facilitator use.

LAWN

Extensive outdoor space for movement, meditation, group work and time in nature, with capacity for outdoor structures and events where required.



LIBRARY

A quiet room for reading, journalling or small group discussion.



PALMERY

A light-filled garden-facing space, ideal for informal connection and reflective time.

ACCOMMODATION

Eight recently refurbished bedrooms provide comfortable on-site accommodation, all en-suite, with additional recommended options nearby for larger groups.



WHAT OUR CLIENTS SAY

“Burrows Lea has a rare sense of peace and calm. The setting, the house and the team create an environment where you can fully switch off and reconnect.”

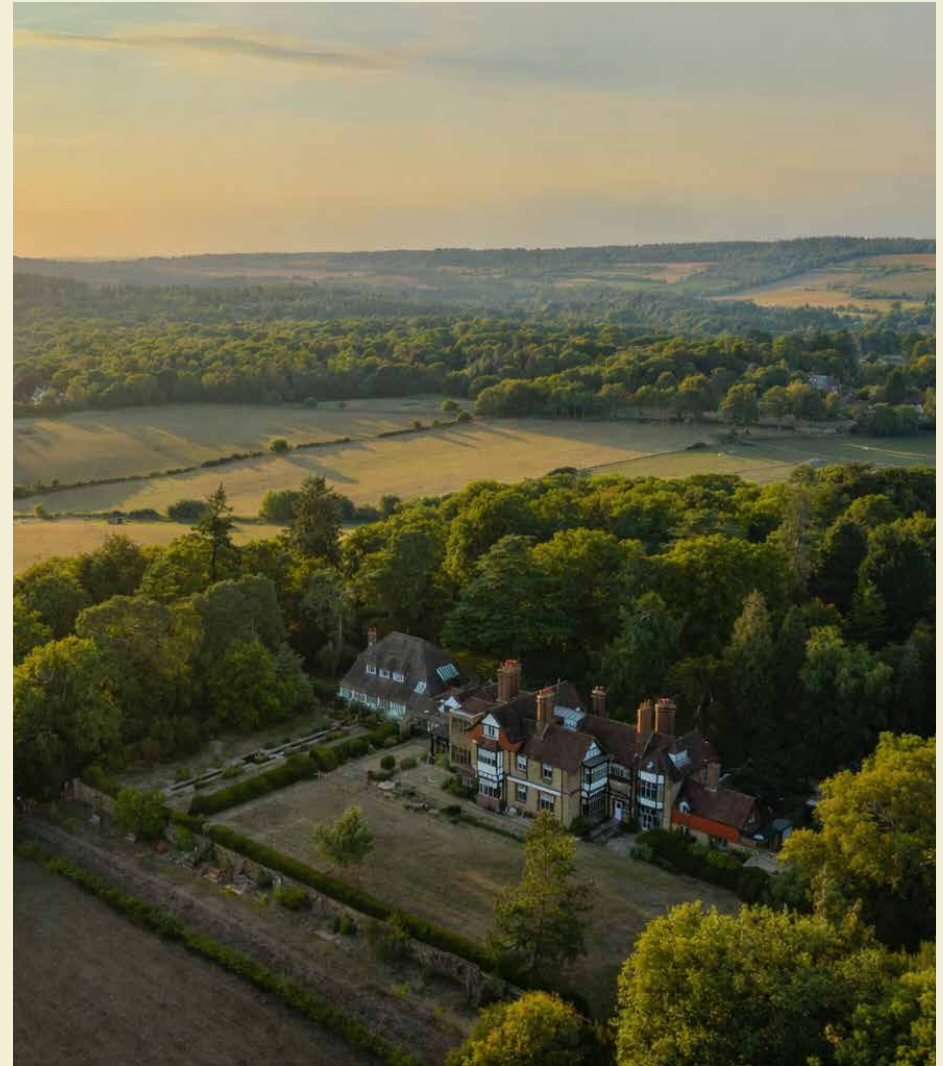
Jacquetta Blunt

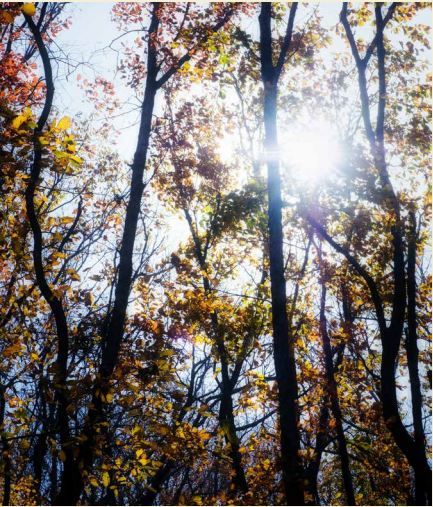
“The team supported us throughout – from launch to the actual event – which meant we could focus on our guests. Burrows Lea made our retreat all the more memorable.”

Retreat Leader

“Our group loved the flexibility of the space at Burrows Lea. The variety of indoor and outdoor spaces were perfect for delivering our three-day programme.”

Mindfulness Teacher







PRICING

Retreat hosting packages as follows:

DISCOVER PACKAGE

£2,675

PER NIGHT INC. ALL TAXES

Capacity up to 18 guests
Exclusive use of the beautiful Burrows Lea
A Healing per day
Friendly staff on call to help

ELEVATE PACKAGE

£3,115

PER NIGHT INC. ALL TAXES

Capacity up to 18 guests
Exclusive use of the beautiful Burrows Lea
A Healing per day
Friendly staff on call to help
Welcome refreshments and snacks
1x Restorative class per day*

*These classes are held by trusted workshop leaders and are subject to workshop leaders availability. Examples of the classes we have on offer are: Yoga, Qigong, Soundbaths, TRE, Forest Bathing & Trance meditation.

BESPOKE PACKAGE

£POA

PER NIGHT INC. ALL TAXES

We will work with you to curate a bespoke retreat that suits you and your guests
Please note that yurts/bell tents are available to hire, to accommodate additional overnight guests.

Please note we operate on a minimum 2 day retreat basis



MENUS

Our delicious retreat catering options are:

MENU OPTION 1

£32.00 PER PERSON

BREAKFAST

Chefs in house mixed nut granola with greek yoghurt & honey
Fruit Juices & Presse

LUNCH

Baked Sweet potato with Chickpea Spinach Curry, crunchy slaw with
yoghurt, mint & mango

DINNER

Spiced Roasted Cauliflower on Butternut Squash Puree with a puy lentil
tabouleh, finished with crispy kale

DESSERTS

Chocolate pecan brownie with salted caramel ice

MENU OPTION 2

£38.00 PER PERSON

BREAKFAST

Apricot & Hazlenut Muesli with Oat milk

Sliced fresh fruit with yoghurt.

Fruit Juices & Presse

LUNCH

Asian inspired Julienne salad of carrot, cucumber, coriander & spring onion,
dressed with soy dressing. Topped with breaded sesame tofu

*contains peanuts

DINNER

Swiss Chard & Sussex Charmer Cheese Tart, made
with a wholemeal & thyme pastry, served with
Honey & Mustard Baby Potatoes & Rocket Salad

OR

Beef ragu with parmesan and rocket salad
Selection of Breads with Butter

DESSERTS (choose 1)

Chocolate pecan brownie with salted caramel ice cream

Lemon & Blackberry posset with floral shortbread

MENU OPTION 3

£45.00 PER PERSON

BREAKFAST

Sliced cheeses & Ham

Scrambled Egg on toasted English Muffin

Fruit Yoghurts

Fresh fruit juice & presse

LUNCH (2 course)

Butterbean & cavolo Nero Broth

OR

Seasonal (vegetable) soup, leek & cheese soda bread with butter

Roasted Carrot, whipped feta & Hot Honey flatbreads with crunchy slaw
& natural yoghurt

DINNER (choose 1)

Butternut squash risotto, parmesan & crispy onion *contains nuts

Sweet potato, spinach & chick pea curry with pilaf rice

Greek style chicken with roasted mediterranean vegetables & roasted new
potatoes

DESSERTS (choose 1)

Coconut & Roasted pineapple baked custard tart with blood orange sorbet

Orange & cardamom creme brulee

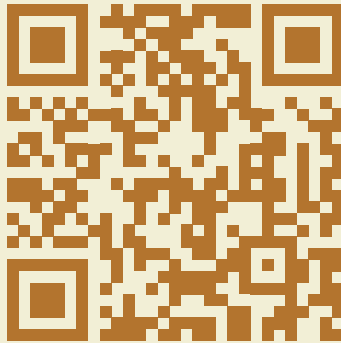
Classic triple chocolate brownie with salted caramel ice cream







We work with retreat leaders to provide
a flexible, well-supported setting for
meaningful and well-run experiences.



Events Team
01483 357 789
events@burrowslea.com